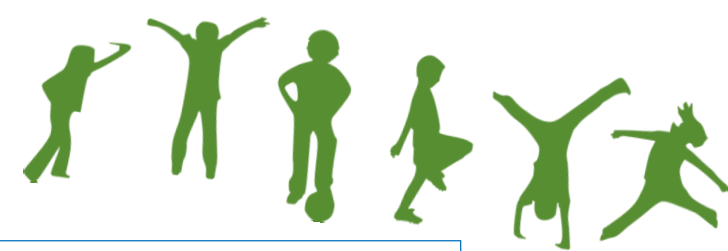




Fresh[®] kids

holiday club



Spring Half Term Holiday Activity Programme for ages 5 -12 years old – Monday 12th February to Friday 16th February 2018

Every day 8.30am-5.30pm (Drop off: 8.30am-9am Collection: 4.30pm-5.30pm)

Morning fruit break 11am **Lunch 12.30pm** **Afternoon snack 2.30pm** **Please REMEMBER your drinks bottle**

Each day there are plenty of activities to get creative, with imagination being the only limitation; and loads of Sports games to get active and burn some energy. Weather permitting, we'll have outside games on our lovely playing field. At the end of the day we'll build Snugs and Dens.

We've got so many fun things to do, we can't list them all so here are some of the highlights* you can expect. **activities may be subject to change*

Day	Description	Additional Activities	
Monday 12 th February	First day! We can't wait to welcome old friends back and meet new ones. Loads of team-building active games, giving everyone a fun way to get involved - get to know each other a little better and feel welcomed into our holiday team.	'It's All about Me' collage Catch the Pokémon Ping Pong Football kick-about	Octopus active team game Dodgeball Frisbee Bowling
Tuesday 13 th February	Lots more team games to enjoy. Some crafts which will provide lots of entertainment long after we have finished making them. Traditional sports along with games which are so much fun we won't realise how active we are.	Make & create your own space slime Crafting paddles for Balloon tennis Balloon tennis	Football Cross-over Bench Ball Pom-pom hand craft puppets
Wednesday 14 th February	We will be getting green fingers with our sunflower craft today. We would love to see how big your giant sunflowers grow, please send us or tag us on your Facebook pics [freshkidshepperton]. There will be a special prize for the best sunflower - details on the sunflower care sheet.	Volley Ball with XL balloons Decorate & plant a sunflower pot Quick Kick-about Football	Table Tennis / Octopus team game Pokémon never-ending fidget toy craft
Thursday 15 th February	At Fresh we aim to make getting fit and healthy fun for everyone. Today as well as sports, games & self-esteem building activities there is also a fruity craft to encourage healthy appetites and make a fun stress ball which we can use to help relax for a healthy mind.	Make & decorate your race fish Flapping fish races & Bottle flip off Fruit kebab caterpillars	Crazy faces stress ball craft Football & Badminton Shrek's Swamp Cress craft
Friday 16 th February Disco Party Day	Don't miss this super day, filled with lots of party games as well as all our usual team building games, crafts and activities. We've rustled up some super fun games for today and a Disco too – so get ready to party! Our Disco Party day includes balloons this is a day you don't want to miss!	Design & create reusable working party poppers Revers Limbo game Super fly ring aeroplane craft The Blob group game	Capture the Flag Funky fruit cookies As many party games as we can squeeze in